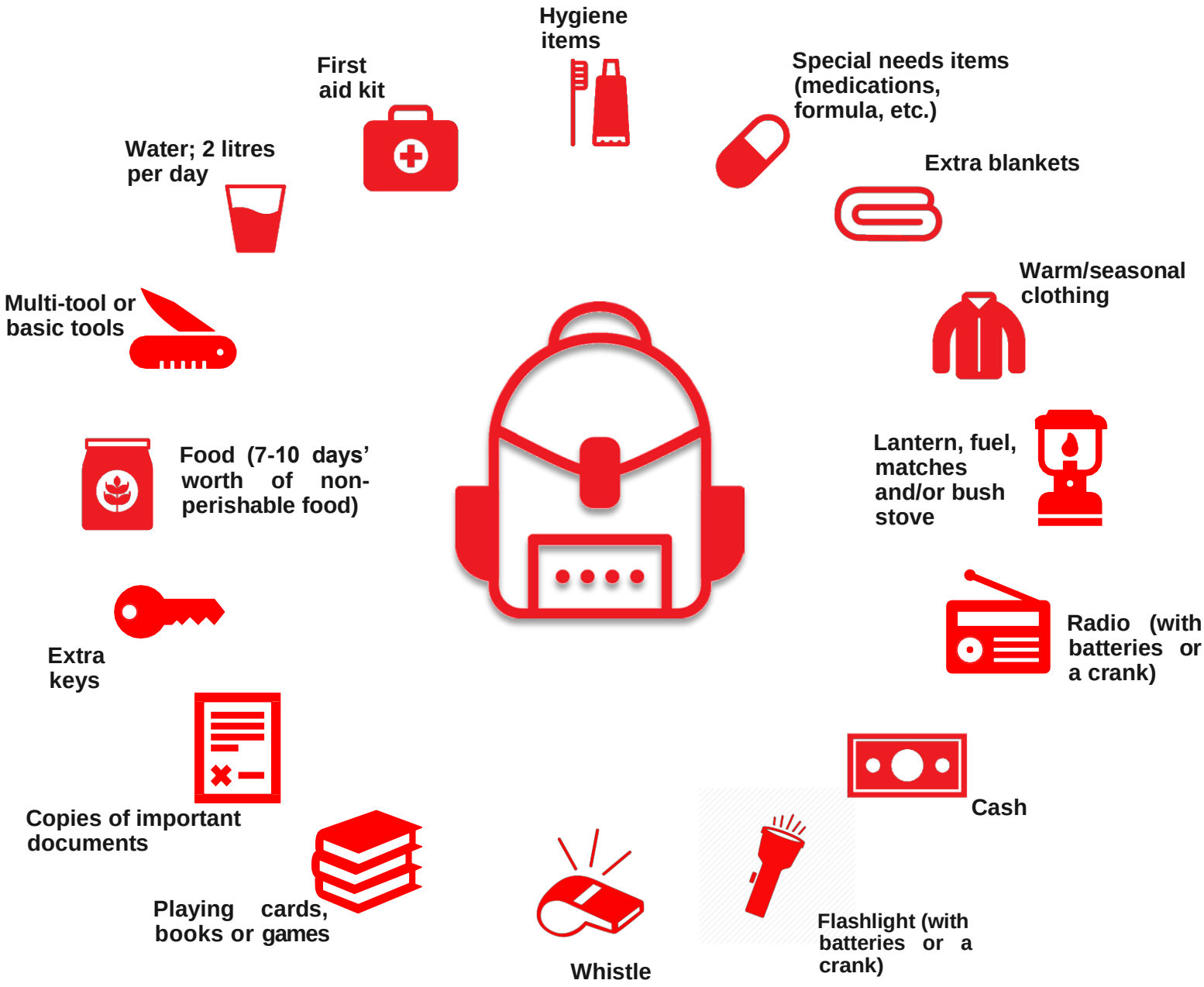
7-10 DAY EMERGENCY PREPAREDNESS KIT

CHECKLIST FOR NORTHERN FIRST NATION COMMUNITIES

Not every emergency requires evacuation. Some require prolonged periods of stay in the home – possibly with limited resources. In a remote northern community, it is very important to ensure that you are prepared to take care of yourself for a minimum of 7-10 days in the event of an emergency.



More information – including some exercises you can do with your family - can be found at www.redcross.ca/ready